

American Alpine Institute^{Ltd.}

Itinerary for Bolivia Trek & Expedition

Part 1: La Paz & Remote Cordillera Real Trek

(7 days, running Saturday through Thursday)

Day 0: Arrive this day (Friday) or very early the next morning

Day 1: La Paz exploration and city tour, 12,500 feet.

Day 2: We start on the outskirts of an Ayamaran village and then trek along the road. On the way, we pass the remnants of an old church and a cemetery and continue to an open meadow at the base of the abandoned San Francisco mine. At this 14,000-foot camp we have views of the beautiful glacier-clad Mururata. Approximately a 4-hour trek.

Day 3: From our camp at the mine we join the old Inca Trail and hike 1000 feet up to a 15,000-foot pass (2 hours). From there we drop toward the cloud forest in the Amazon River Basin, losing about 3000 feet of elevation. We visit Taquesi – an ancient Inca way station – then camp at about 12,000 feet. Approximately a six-hour trek.

Day 4: We continue down into the rain forest for another five hours, enjoying gradually warmer temperatures as we descend. We finish the day at a pleasant river camp at about 7500. Approximately a five-hour trek.

Day 5: We walk for one hour on flat terrain to the van in which we drive back over the pass called La Cumbre to La Paz.

Day 6: Day in La Paz

Those leaving after Part 1 can leave on Day 7 (Friday) or join us for the first day of Part 2 on Lake Titicaca and fly home on Day 8 (Sunday)

Part 2A: Alpine Climbing & Part 2B Ice Climbing/Ascents

(10 days, Friday through Sunday)

Day 7: Lake Titicaca exploration and boat ride, 12,550 feet.

Day 8: Hike into basecamp, 14,000 feet. Condoriri Valley.

Days 9-13: Work on climb skills while further acclimatizing, then continue skills development while ascending a series of beautiful peaks in the Condoriri Cirque area. Peaks climbed are 17,000 – 18,000 feet.

Day 14: Hike out to trailhead and drive to Zongo Pass.

Day 15: Begin the ascent of Huayna Potosi, establishing high camp at 18,000 feet.

Day 16: Climb Huayna Potosi, 20,000 feet, and return to La Paz

Those leaving after Part 2 fly home on day 17, Monday or – for a less hurried turnaround from the ascent of Huayna Potosi – day 18, Tuesday.

Part 3: Illimani Expedition (21,201')

(5 days, running Monday through Friday)

Day 17: La Paz

Day 18: Drive to the base, meet arriero, climb to Camp 1 at 15,000, assisted by animals.

Day 19: Ascend to Camp 2 at 18,000 feet with the assistance of porters.

Day 21: Climb to the 21,201-foot summit of Illimani, then descend to Camp 1 or to Penaya as the base of the mountain for an evening of celebration and relaxation in the village.

Day 22: Return to La Paz for a second evening of celebration and relaxation.

Those leaving after Part 3 fly home Day 23, Saturday.