

American Alpine Institute^{Ltd.}

- Program Itinerary - Kilimanjaro Expedition – Machame Route

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Day 1: Arrive Kilimanjaro International Airport in Tanzania. Transfer to Moshi and stay in the Keys Annex Hotel in Moshi (www.keys-hotels.com).

Day 2: Drive to Machame village. The trek begins from the gate of the National Park at 6000' (1829m), winding up to the lush tropical forests and out into heather moorland. Overnight camping at Machame Camp, 9845' (3000m). *6 miles*

Day 3: Trek to Shira Plateau, walk/trek through the fine open moorlands. Overnight at Shira Cave Camp, 12,600' (3840m). *6.8 miles*

Day 4: A long trek to Barranco Camp. Along the way, we will trek up to the Lava Tower at 15,100' (4602m). We then descend to Barranco Camp, which lies in a sheltered area below the spectacular cliffs of the Breach wall. The Breach wall, the dome of Uhuru and the edge of the Heim Glacier dominate the head of the valley. Overnight at Barranco Camp 12,795' (3900m). *8.7 miles*

Day 5: In the morning we take the trek to Karangu. Huge glaciers and cliffs can be seen which mark this part of the mountain. Here is the last water point. Overnight Karangu Camp 13,780' (4200m). *3 hours*

Day 6: A short day takes us to Barafu Camp at 15,100' (4600m), which is the highest camp and the staging point for the summit bid that night. *2.5 hours*

Day 7: At midnight, the trek begins up the final steep scree section to reach Stella Point. Walk along the ridge up and around the crater to reach the summit of Kilimanjaro, called Uhuru peak, at 19,341' (5895m). The time from Barafu to the summit can vary from as little as 5 hours to as long as 10 hours. We then return to Barafu in 2-3 hours, where we eat a big breakfast and rest for a few hours before continuing down the mountain (on the Mweke descent route) to the Mweka Hut, 9843' (3000m).

Day 8: Covering the last section of the mountain, the trek continues down through the forests to the gate where your vehicle will be waiting to transport you back to Moshi where a shower and a bed await you! You will likely see blue monkeys and colobus monkeys on this portion of the journey.

Day 9: Depart Moshi for safari or return home for those not choosing the safari section.

